



## Ulster Karate - Do Federation



### UKF Invitation Tournament 2010

K1a - Boys Kata Under 12 Kata	
Gold - Philip Loregan	Carlow
Silver - Darren Walsh	Carlow
Bronze - Luke Burke	Carlow

K1b - Girls Kata Under 12 Kata	
Gold - Emma Heffernan	Carlow
Silver - Ruth Sheehan	Carlow
Bronze - Laura Heffernan	Carlow

K2 - Boys Kata 12-17 Years 8th - 4th Kyu	
Gold - Sean Campbell	UKF - Claudy
Silver - Niall Cooke	Collon
Bronze - Paul Holligan	Carlow

K3 - Girls Kata 12-17 Years 8th - 4th Kyu	
Gold - Marie Keogh	Naas Karate Club
Silver - Katie Holly	UKF - Culmore
Bronze - Lauren Dowling	Collon

K4 - Boys Kata 12-17 Years 3rd Kyu +	
Gold - Charlie Collins	Shikon
Silver - Dermot McFeely	UKF - Claudy
Bronze - Liam Powell	Shikon

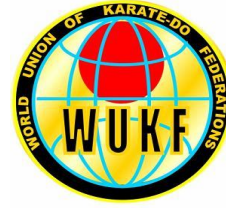
K5 - Girls Kata 12-17 Years 3rd Kyu +	
Gold - Rebecca Barton Hagger	Shikon
Silver - Sofie Wadey	Shikon
Bronze - Mary Berwick	Shikon

K6 - Children Team Kata 12 - 17 Years	
Gold - Carlow Tigers	Carlow
Silver - Carnalea 'A'	Carnalea
Bronze - Collon 'A'	Collon

B7 - Kumite Boys Aged 7	
Gold - Thomas Loughran	Collon
Silver - Caolan McColgan	UKF - Culmore
Bronze - Ben Loughran	Collon
Bronze - Benn Anderson	UKF - Aileach



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<b>B8 - Kumite Boys Aged 8 - 10 Years</b>	
Gold - Dara Gill	UKF - Culmore
Silver - Darren Walsh	Carlow
Bronze - Leon Woods	Carlow
Bronze - Sam Bonner	UKF - Quigley's Point

<b>B10a - Kumite Boys 10-12 Years Under 140 Cms -</b>	
Gold - Jamie Walsh	Carlow
Silver - Shane McDaid	UKF - Culmore
Bronze - Luke Burke	Carlow
Bronze - Adam Green	Carnalea

<b>B10b - Kumite Boys 10-12 Years 140 Cms +</b>	
Gold - Liam Powell	Shikon
Silver - Caolan Flanagan	UKF - Brooke Park
Bronze - Bobby Grafton	Shikon
Bronze - Craig Brashaw	Carnalea

<b>B13a - Kumite Boys 13-14Years 160 Cms +</b>	
Gold - David Loregan	Carlow
Silver - Paul Holligan	Carlow

<b>B13b - Kumite Boys 13-14 Years 160 Cms +</b>	
Gold - Jamie Carroll	Shikon
Silver - Ciaran Conway	Collon
Bronze - Michael McCarron	UKF - Culmore
Bronze - Karl Garside	Shikon

<b>B15 - Kumite Boys Cadets 15 - 17 Years</b>	
Gold - Glan Barron	UKF - Culmore
Silver - Gordan Dowling	Collon
Bronze - Charlie Collins	Shikon
Bronze - Sean Campbell	UKF - Claudy

<b>G8 - Kumite Girls Aged 8-9 Years</b>	
Gold - Jessica Palmer	Carnalea
Silver - Lauren Shileds	Carnalea
Bronze - Laura Heffernan	Carlow
Bronze - Eva Carolan	Kells Karate Kai



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<b>G10 - Kumite Girls Aged 10 - 11 Years</b>	
Gold - Emma Heffernan	Carlow
Silver - Ruth Sheehan	Carlow
Bronze - Tara Hegarty	UKF - Quigley's Point
Bronze - Aime McAllister	Carnalea

<b>G12 - Kumite Girls Aged 12 - 14 Years</b>	
Gold - Lauren Dowling	Collon
Silver - Stacey Doherty	UKF - Quigley's Point
Bronze - Ellie Wasylocha	Collon
Bronze - Chloe McKenzie	Carnalea

<b>G15 - Kumite Girls Cadets Aged 15 - 17 Years</b>	
Gold - Rebecca Flowers	Shikon
Silver - Shauna Carroll	Shikon
Bronze - Laura McGlinchey	UKF - Aileach
Bronze - Sophie Wadey	Shikon

<b>JT1 - Junior Team Aged 10 - 12 Years</b>	
Gold - Shikon 'C'	Shikon
Silver - UKF 'A'	UKF

<b>JT2 - Junior Team Aged 13 - 14 Years</b>	
Gold - Shikon 'D'	Shikon
Silver - UKF 'B'	UKF

<b>JT3 - Junior Team Aged 15 - 17 Years</b>	
Gold - Shikon 'E'	Shikon
Silver - UKF 'I'	UKF

<b>JT4 - Cadet Rotation Team</b>	
Gold - Shikon 'F'	Shikon
Silver - UKF 'K'	UKF

<b>K7 - Kata Senior Female 8th-4th Kyu</b>	
Gold - Nuala Carlin	Kells Karate Kai

<b>K8 - Kata - Senior Male 8th - 4th Kyu</b>	
Gold - Ameliyus Asaciovas	Kells Karate Kai
Silver - Liam Campbell	UKF - Claudy
Bronze - Danny Carton	UKF - Claudy



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### K9 - Kata Senior Female 3rd Kyu+

Gold - Eva Kerekes	CS Politehnica Romania
Silver - Radu Raluca	CS Politehnica Romania
Bronze - Aoife Smith	Collon

### K10 - Kata Senior Male 3rd Kyu+

Gold - Radu Ovidiu	CS Politehnica Romania
Silver - David Brashaw	Carnalea
Bronze - Boanca Cristan	CS Politehnica Romania

### K11 - Kata Senior Team Open Grade

Gold - CS Politehnica Male	CS Politehnica Romania
Silver - CS Politehnica Female	CS Politehnica Romania
Bronze - Collon B	Collon

### M1 - Kumite Male 8th - 4th Kyu Under 70 Kgs

Gold - Ameliyus Asaciovas	Kells Karate Kai
Silver - Les Carrigan	Kells Karate Kai
Bronze - Peter O'Conner	UKF - Claudy
Bronze - Mark Francis	Carnalea Karate Kai

### M2 - Kumite Male 3rd Kyu+ Under 70 Kgs

Gold - Dean Barron	UKF - Culmore
Silver - Radu Ovidiu	CS Politehnica Romania
Bronze - Dodoc Liviu	CS Politehnica Romania
Bronze - Martin McCole	UKF - Quigley's Point

### M3 - Kumite Male 3rd Kyu+ Open Weight

Gold - Dan Cuthbert	Shikon
Silver - Jason Marquis	Shikon
Bronze - Joe Smith	Collon
Bronze - Dean Tilley	Shikon

### W2 - Kumite Female 3rd Kyu +

Gold - Radu Raluca	CS Politehnica Romania
Silver - Ticindelean Dora	CS Politehnica Romania
Bronze - Denise Donaghey	UKF - Aileach
Bronze - Della Tudisca	Shikon

### ST1 - Kumite Senior Team Shobu Sanbon

Gold - Shikon 'F'	Shikon
Silver - Shikon 'G'	Shikon

### ST2 - Kumite Male Senior Rotation Team

Gold - Shikon 'H'	Shikon
Silver - UKF 'M'	UKF